

## Rose Practice

Date	Notes	Clinician
18 January 2013	C/O breast pain, almost daily for 2/52, sharp, Right upper outer quadrant. Mirena coil in situ so no periods – no menopausal symptoms. No family history breast disease. Chaperone – Mrs Briggs O/E both breasts and axillae normal – no lumps, no skin changes Adv - likely non-cyclical breast pain. Pt advised and reassured. Take NSAID analgesics as necessary – adv re self-examination. Breast pain leaflet given – patient.co.uk Refer for mammogram – no routine screening call as yet	Dr Jackson
4 February 2013	Letter from A and E – recent attendance after RTA – minor injuries only no follow up or treatment required	Dr Jackson
8 February 2013	Mammogram normal	Dr Jackson
11 February 2013	Request for medical attendants report re mortgage application, given to Dr Jackson	Mrs Briggs
15 February 2013	Medical attendant report completed and sent	Dr Jackson
7 March 2013	C/O sore throat , 3 days and symptoms of URTI. Eating and drinking ok O/E red throat, ears normal, no glands Adv likely viral infection, can take simple cold remedies , return if not better over the next week or if worried.	Dr Carey
7 May 2013	C/O sudden onset back pain after cleaning car – lower back, no radiation, no numbness or paraesthesia, bowels and bladder normal. O/E moving more slowly and looks in pain – but full range of movements, no acute muscle spasm Spine not tender, back sl tenderness over right SI joint only Adv re keeping mobile, regular ibuprofen , sleep with support to legs Return if worsens, and re seek urgent review if develops red flag symps	Dr Jackson
28 June 2013	C/O palpitations – feels heart pounding, also hot flushes and night sweats. No periods – mirena. No chest pain, dizziness, nausea. ( non-smoker, no FH cardiovasc dis ) O/E Looks well. T 37 P 76 reg BP 118/70 HS normal, no murmurs. Chest clear Adv likely menopausal symps – for ECG, bloods – FBC, FSH, TFT Discussed HRT - not keen at present	Dr Carey
1 July 2013	ECG – Bloods FBC FSH TFT	PN
1 July 2013	ECG normal, Adv re return if worsening symps.	Dr Carey
4 July 2013	FBC, FSH,TFT normal – letter sent to patient	Mrs Briggs
5 August 2013	Travel advice holiday to Egypt	PN
10 December 2013	Routine cervical smear	PN
25 February 2014	C/O breast lump on right Noticed 1/52 ago on self exam O/E small (1 cm) hard ?fixed lump right breast, upper outer quadrant, skin normal. Axillae and left breast normal Adv re will refer urgently to breast clinic – should be reviewed within 2 weeks. If does not receive contact from clinic within week to ring surgery to chase	Dr Carey
25 February 2014	Referral to breast unit faxed	Dr Carey
11 March 2014	Hosp letter re diagnosis breast cancer -> Dr Carey	Mrs Briggs